

YOU CAN QUIT.
KICK IT CALIFORNIA
CAN HELP!

KICK/IT
California

CONGRATULATIONS!

You have taken the first step towards a healthier life. A Kick It California coach will call you within 48 hours from an (800) number to discuss:



QUIT PLAN

Call from a Quit Coach to start your personal quit plan.



QUIT MATERIALS

Custom quit materials to help guide you through your quit journey.



QUIT AIDS

Free nicotine patch evaluation.

If we don't reach you on the first call, we'll try back a few times.

Feel free to call us if you have any questions or want to get started right away!

1.800.300.8086